



American College
of Chiropractic Consultants
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ANNUAL CONFERENCE

Knowledge and Skill Building for
the Chiropractic Clinician & Expert**

October 6-8
2016

CONFERENCE SPEAKERS

Tim Bertelsman, DC
Bill Defoyd, DC
Tabatha Erck
Mike Fergus, DC
Clayton Hopkins, DC
James J. Lehman, DC
Michele Maiers, DC, MPH, PhD
Albert Mitsos, MD
Craig Nelson, MS, DC
Jay Shah, MD
Brandon Steele, DC
Steve Yeomans, DC

CONFERENCE CHAIR

Rob Servais, DC

CO-CHAIR

Justin Mitchel, DC

**26.5 Hours of
Continuing Education
Applied For By
National University
of Health Sciences**



8 Hours of continuing education for the Thursday morning/afternoon program*, 2.5 Hours for the Thursday evening session, and 16 hours for the main conference program on Friday and Saturday applied for in most states. Total available hours for all three days 26.5. Continuation education credits applied for by National University of Health Sciences, 200 E. Roosevelt, Lombard IL, 60148.**

18.5 hours toward Academy of Chiropractic Orthopedists (ACO) recertification hours

- * The Council on Forensic Sciences (<http://www.forensic-sciences.org/>) is a recognized Council of the American Chiropractic Association
- ** Thursday evening, Friday and Saturday program qualifies for 18.5 hours toward ABCC, 18.5 hours toward ABFP diplomate recertification hours and 18.5 hours toward Academy of Chiropractic Orthopedists (ACO) recertification hours.
- *** See separate flyer for details of an additional 8 hour CE workshop on Thursday morning and afternoon October 6 that is available free to doctors registered for the main conference. This program focus is principles of diagnosis applied to the pain patient, and is co-sponsored by National Chiropractic Mutual Insurance Co. (NCMIC). Full-time NCMIC insured DC's get a yearly 5% premium discount for three consecutive policy years for attending this 8 hour course.

ANNUAL CONFERENCE

American College
of Chiropractic Consultants
AND THE
Council on Forensic Sciences*
West Hartford Group



Knowledge and Skill Building for
the Chiropractic Clinician & Expert**

October 6-8, 2016

Chicago Marriott Oak Brook
1401 W 22nd Street | Oak Brook, IL 60523
630.573.8555 www.marriott.com/chiob



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THURSDAY EVENING OCTOBER 6, 2016

For Early Arrivals

6:30 – 9:00 p.m.

**Whiplash Associated Disorders:
The pathway from acute
to chronic pain and
Statin Myopathy:
A common cause
of chronic pain**

Presenter: James J. Lehman, DC

Description: During my didactic presentation, I will present two common causes of chronic pain, which should be recognized by chiropractic specialists. Appropriate evaluation and management will be discussed as will the long-term consequences if the appropriate diagnoses and treatment are not performed. In addition, the diagnosis of chronic pain as a significant illness requiring specialized team treatment will be discussed. The doctors will be engaged with active learning tasks that enhance the learning opportunities. The discussion of Whiplash Associated Disorders: The pathway from acute to chronic pain and Statin Myopathy: A common cause of chronic pain will be augmented with a PowerPoint presentation and two relevant articles.

SEE INSIDE FOR FULL SCHEDULE

FRIDAY, OCTOBER 7, 2016

Main Conference Begins

7:00 – 8:00 a.m.

Registration and Full Breakfast Buffet Provided to Registered Conference Attendees

8:00 – 10:00 a.m.

Ride the Wave of the Silver Tsunami

Presenter: Michele Maiers, DC, MPH, PhD
Description: In less than 15 years, 1/5 of Americans will be 65 years of age or older, with the fastest growing demographic group being those 85 years or older. As the “silver tsunami” lands in the US, the need for conservative care to maintain older adults function and independence will grow. Participants in this session will learn best practices in the management of musculoskeletal conditions among seniors, and the latest evidence on chiropractic management of this population.

10:00 – 11:00 a.m.

My Perspective on Causation and Vertebral Artery Dissection

Presenter: Albert Mitsos, MD
Description: Dr. Mitsos is a medical/legal forensic expert with a strong background in trauma. He will discuss “My Perspective on Causation and Vertebral Artery Dissection”. He will continue with a discussion on the medico legal issues involved in this area and his experiences regarding causation and vertebral artery dissection cases.

11:00 – 12:00 noon

A Question of Causation: Spinal Cord Stroke and Chiropractic Care

Presenter: Clayton Hopkins, DC
Description: Dr. Hopkins will focus his discussion on his experience in the personal injury arena for the last 33 years. The topic of his discussion is “A Question of Causation: Spinal Cord Stroke and Chiropractic Care”. This presentation will review the pertinent facts and strategies of a recent professional liability trial in 2015. The discussion includes information on neuro-anatomy and functional neurology.

12:00 – 1:00 p.m.

Lunch Provided to Registered Conference Attendees

1:00 – 3:00 p.m.

AMA Guides 4, 5, 6th editions

Presenter: Steve Yeomans, DC
Description: Dr. Yeomans will discuss: AMA Guides 4, 5, 6th editions; HNP (4th, 5th, 6th edition); and, Show IR summary page of MVC/motor cycle injury. He will review history of the Guides (1971- present) including: 1971 – 1st Ed. a bound version of JAMA articles 1958-1968; 1984 – 2nd Ed. Adopted MANY of the DC recs w/o credit; 1988/1990 – 3rd Ed. Dx Table combined w/ ROM; 1993 – 4th Ed. DRE; introduced 2008 – 6th Ed. NO spinal ROM; ICF Model throughout; HNP: Using the 3 editions; 4th Ed: HNP: DRE III (15% WPI) vs. ROM Model (ROM / Dx Table pg 113 / MIR/ SIR); 5th Ed: HNP: DRE III (15-18% WPI) vs. ROM Model (Same as 4th Ed.); 6th Ed: HNP: Class I-IV dependent on complications. Chap 17 (C-S p564, T-S p567, L-S p570)

3:00 – 4:00 p.m.

Overview of the Texas Workers Compensation System

Presenter: Bill Defoyd, DC
Description: Dr. Defoyd will provide an overview of the Texas Workers Compensation system including: Discuss the role of the Designated Doctor in the Texas Workers’ Compensation system; Discuss the questions Designated Doctors address: Maximum Medical Improvement; Impairment Rating (AMA Guides, 4th Edition); Extent of Injury; Whether Disability is a Direct Result of the Injury; and, Return to Work issues. Other Similar issues discussed: Review the certification requirements for Designated Doctors including training and testing; Discuss Designated Doctor qualifications and selection criteria; Composition of the Designated Doctor List and distribution of examinations; finish with Q & A.

4:00 – 6:00 p.m.

Evidence Based Medicine 2.0

Presenter: Craig Nelson, MS, DC
Description: The concepts of Evidence Based Medicine (EBM) have been in development for over a half century and have been aggressively promoted and supported within the healthcare system for the last several decades. While these principles are now broadly accepted, the implementation of EBM has not been without error and the interpretation of how EBM should be specifically applied to care delivery is not well understood. This presentation will review this history specifically as it applies to chiropractic research and propose how the future of EBM can be made more relevant and useful.

6:30 – 8:00 p.m.

Social Hour with Appetizers

SATURDAY, OCTOBER 8, 2016

7:00 – 8:00 a.m.

Full Breakfast Buffet Provided to Registered Conference Attendees

8:00 – 9:00 a.m.

10 Clinical Tests That Improve Outcomes: Functional diagnostic pearls gleaned from a review of 5000 articles

Presenter: Tim Bertelsman, DC; Brandon Steele, DC
Description: The value-based healthcare model defines success in one word- outcomes. Dr’s Bertelsman & Steele have spent the past 5 years compiling “best practices” for the evaluation and management of more than 85 musculoskeletal diagnoses. This research exposed 10 valuable tests to help identify commonly overlooked “functional” diagnoses that contribute to our typical “structural” diagnoses. This presentation will review the evaluation and management for the most widespread functional deficits with practical skills for improving clinical outcomes.

9:00 – 10:00 a.m.

A New Continuum Model for Clinical Knowledge Transfer

Presenter: Tim Bertelsman, DC; Brandon Steele, DC
Description: The value-based healthcare model defines success in one word- outcomes. In order to thrive, providers must employ and continually refine “best practices”. Dr’s Bertelsman & Steele will describe a new “best practice” knowledge transfer continuum. The foundation of this project is a practical evidence-based database of evaluation and management skills for providers. This resource also allows transfer of pertinent information, exercises and ADL’s to patients- thereby empowering them as active participants in their recovery. Finally, the system collects patient satisfaction and condition-specific clinical outcome data, then identifies real world best practices and continually re-disseminates evidence-informed best practices back to the provider community.

10:00 – 12:00 a.m.

ChiroFirst Study: Case for Conservative Care

Presenter: Tabatha Erck
Description: Topic is a ChiroFirst Study: Case for Conservative Care. I will be presenting how by pursuing the Triple AIM (Improving the patient experience of care including quality and satisfaction; Improving the health of populations; and Reducing the per capita cost of health care). We are demonstrating the use of chiropractors as a portal of entry for adult low back pain.

12:00 – 1:00 p.m.

Lunch Provided to Registered Conference Attendees

1:00 – 3:00 p.m.

New Frontiers in Chronic Myofascial Pain and Central Sensitization: Integrating Advancements in the Pain Sciences with Evaluation and Treatment Strategies

Presenter: Jay Shah, MD
Description: This lecture will explore the dynamic and pivotal roles that myofascial trigger points (MTrPs), sensitization, limbic system dysfunction and objective physical findings play in the evaluation and management of chronic myofascial pain. Fascinating knowledge emerging from the pain sciences will be presented in a clinically accessible way. Participants will learn important palpation skills and treatment techniques that more effectively deactivate painful MTrPs and the sensitized spinal segments that are commonly found in a variety of chronic musculoskeletal pain conditions.

3:00 – 4:00 p.m.

Introduction to Musculoskeletal Diagnostic Ultrasound

Presenter: Mike Fergus, DC
Description: The purpose of this lecture would be to provide the clinicians with a brief history of the use of diagnostic ultrasound of the musculoskeletal system. More importantly, it will educate the clinicians on the current state of the modality, including the currently accepted/ appropriate uses based on the available research. The standard protocols and techniques that result in a diagnostic examination, as outlined by the two main certification and accrediting bodies will also be discussed.